



## Dress Code for Men

Thank you for coming to serve here at New Day! This dress code is meant to be a practical guide to help our female volunteers and interns dress appropriately while in China. This list was created for both cultural as well as practical reasons.

Living in China, we want to be culturally sensitive to the country in which we are serving, and one aspect of that is to go out of our way to dress appropriately by local standards. The Chinese people, especially the older generation, are very modest. We can be fashionable but modest at the same time. Keep in mind that our ultimate goal is to draw people to the heart of God. We do not want our clothing to detract from the work we are doing.

Practically speaking, especially when working in the Foster Home, the work requires a lot of bending, reaching, sitting on the floor, etc. Clothing that is too tight or too loose may get in the way of the work you are assigned to do. Another important practical consideration is clothing that is easy to clean and quick to dry.

### **Shirts**

- Summer: Tee shirts, polos and button downs are all appropriate.
- No sleeveless shirts while you are serving in the foster home or school. In your free time, you are welcome to wear tank tops.
- Spring, Autumn and Winter: Layering is important. Temperatures can change throughout the day, so remembering to have a jacket or sweatshirt nearby is very helpful.

### **Pants**

- All Year: Jeans and pants are great
- Summer: Long shorts are fine
- Low cut or baggy jeans (that have trouble staying up) are inappropriate.

### **Shoes**

- Shoes that are easy to slip on and off are the most practical when volunteering in the Foster Home, since you take your shoes off every time you come inside.
- Slippers are provided in the foster home, but there is not always enough to go around. You may consider purchasing your own house slippers in the village and bringing them with you each morning.
- Good walking shoes are best for both walking to New Day and sightseeing in Beijing.
- Flip flops or sandals in the summer are fine, but keep in mind that the streets in China can be quite dirty.

## *Seasonal Tips...*

### Summer:

- The temperatures can be quite warm (temperatures well over 100 degrees Fahrenheit in July and August) and very humid
- Light, breathable fabrics are best

### Winter:

- It can get extremely windy and cold! Plan to pack a hat, gloves, scarf and wind proof winter coat.
- Layering is important! Plan to pack long underwear, warm socks, and plenty of layers.

### Spring and Autumn:

- These are both very pleasant times of year to be in Beijing. The temperatures are very mild, with low humidity
- It can be rainy during both these seasons, so plan to pack a waterproof jacket.
- It can still be chilly in the mornings and evenings, so plan to layer during these seasons as well.

## *Don't forget to pack...*

- A bathing suit – you never know when you might get to wear it!
- Shower shoes
- A water resistant windbreaker or rain jacket